



**HILLSBOROUGH COUNTY PUBLIC SCHOOLS
STUDENT NUTRITION SERVICES
READY TO SERVE KITCHEN ELEMENTARY MIDDLE 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>BREAKFAST Eggo® Mini Cinnamon Waffles w/ Syrup Assorted Cereal w/ Strawberry Grahams 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Meatball & Marinara Sub Cheesy Baked Cauliflower 100% Fruit Juice Assorted Low Fat Milk</p>	<p>2</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Sloppy Joe Fruited Gelatin Fresh Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk</p>	<p>3</p> <p>BREAKFAST Eggo® Mini Blueberry Pancakes w/ Syrup Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Popcorn Chicken Bowl Sweet Kernel Corn (1/2cup) Fresh Apple Slices Dinner Roll Assorted Low Fat Milk</p>	<p>4</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Cuban Sandwich Berry Blue Applesauce Carrot Soufflé Assorted Low Fat Milk</p>	<p>5</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice of Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Santa Fe Beef Tacos Seasoned Black Beans Frozen Fruit Cup Trea Assorted Low Fat Milk</p>
<p>8</p> <p>Non-Student Day</p>	<p>9</p> <p>BREAKFAST Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Macaroni & Cheese Fruited Gelatin Cheesy Spinach Bake Assorted Low Fat Milk</p>	<p>10</p> <p>BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Teriyaki Chicken w/ Lo Mein Noodles Seasoned Peas & Carrots Fresh Apple Slices Assorted Low Fat Milk</p>	<p>11</p> <p>BREAKFAST Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Turkey & Cheese Croissant 100% Fruit Juice Maple Glazed Carrots Assorted Low Fat Milk</p>	<p>12</p> <p>BREAKFAST Eggo® Mini Cinnamon Waffle w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH BBQ Pork Sandwich BBQ Baked Beans Applesauce Fruit Cup Assorted Low Fat Milk</p>
<p>15</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Salsa Verde Chicken Tacos Mexicali Corn 100% Fruit Juice Assorted Low Fat Milk</p>	<p>16</p> <p>BREAKFAST Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Rotini w/ Meatsauce (1cup noodles) Cheesy Spinach Bake Fruited Gelatin Assorted Low Fat Milk</p>	<p>17</p> <p>BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Sweet & Sour Chicken w/ Yellow Rice (1/2cup rice) Seasoned Black Beans Fresh Apple Slices Assorted Low Fat Milk</p>	<p>18</p> <p>BREAKFAST Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Turkey & Cheese Wrap Sweet Potato Bake Berry Blue Applesauce Assorted Low Fat Milk</p>	<p>19</p> <p>Non-Student Day</p>



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<p>22</p> <p>BREAKFAST Eggo® Mini Cinnamon Waffles w/ Syrup Assorted Cereal w/ Strawberry Grahams 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Meatball & Marinara Sub Cheesy Baked Cauliflower 100% Fruit Juice Assorted Low Fat Milk</p>	<p>23</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Sloppy Joe Fruited Gelatin Fresh Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk</p>	<p>24</p> <p>BREAKFAST Eggo® Mini Blueberry Pancakes w/ Syrup Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Popcorn Chicken Bowl Sweet Kernel Corn (1/2cup) Fresh Apple Slices Dinner Roll Assorted Low Fat Milk</p>	<p>25</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Cuban Sandwich Berry Blue Applesauce Carrot Soufflé Assorted Low Fat Milk</p>	<p>26</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice of Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Santa Fe Beef Tacos Seasoned Black Beans Frozen Fruit Cup Trea Assorted Low Fat Milk</p>
<p>29</p> <p>BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Roasted Chicken Drumstick w/ Mashed Potatoes Sweet Kernel Corn (1/2cup) Berry Blue Applesauce Cheez It Crackers Assorted Low Fat Milk</p>	<p>30</p> <p>BREAKFAST Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p>LUNCH Macaroni & Cheese Fruited Gelatin Cheesy Spinach Bake Assorted Low Fat Milk</p>			

Revise 02/27/19